

# Crew Training and Experience

Vic Maui 2012



# Crew Training and Experience

- ☼ Crew selection
- ☼ Boat Familiarization and Training
  - ☼ At the dock
  - ☼ Practical - Hands on

# Crew Selection

- ✻ Minimum crew qualification requirements ISAF OSR
- ✻ Experience and capabilities
  - ✻ Previous race experience,
  - ✻ Foredeck, helm,
  - ✻ Navigation,
  - ✻ Night sailing experience
- ✻ Physical fitness
- ✻ Who are they? Personality, team player?
- ✻ Will they work out?

# Boat Familiarization and Training At The Dock

- ✿ Chain of command if skipper becomes incapacitated
  - ✿ Watch schedule, fatigue management
- ✿ Safety
  - ✿ Life raft familiarization, MOM, man overboard pole
  - ✿ Flares,
  - ✿ MOB and quick stop procedures in various sea states,
  - ✿ Crews life vest and tether guidelines,
  - ✿ Abandon ship procedures, ditch bag, EPIRB, VHF radio,
  - ✿ Galley and food safe procedures,
  - ✿ Fire fighting

# Boat Familiarization and Training At The Dock

## ✻ Systems

- ✻ Electrical and charging schedule, consumption plan
- ✻ Water maker, pressure water system
- ✻ Fuel consumption plan engine and generator
- ✻ Spare parts storage
- ✻ SSB use and email use
- ✻ Emergency steering system, drogue deployment
- ✻ Running and standing rigging, sails
- ✻ Anchoring equipment

# Boat Familiarization and Training At The Dock

- ✻ Weather Charts - Forecasts
  - ✻ Diversion ports and related charts/info
- ✻ Heavy weather and storm sails
- ✻ Race Instructions

# Boat Familiarization and Training

## Hands On

- ☼ MOB and quick stop procedures from all points of sail (better if wind is 10kts+), crew recovery,
- ☼ Daily inspections walk a rounds, rig inspection,
- ☼ Climbing harness / bosun's chair,
- ☼ Equipment locations and emergency equipment use,
- ☼ Life raft deployment – Crew responsibilities,
- ☼ All crew should be very familiar with radio communication and navigational equipment,
- ☼ 50% of crew should know how to get weather charts, forecasts, software usage,
- ☼ Rigging storm sails, reefing practice,
- ☼ Emergency steering and drogue deployment.

## Section 6 – Training

REG #	REGULATION	COMPLIANCE (Y/N or NA)	COMMENTS
6.01	At least 30% (rounded to next highest whole number) but not fewer than two members of a crew, including the skipper shall have undertaken ISAF approved offshore personal survival training within the five years before the start of the race in both 6.02 topics for theoretical sessions, and 6.03 topics which include practical, hands-on sessions.	Yes	30% of crew # = 2 # of crew undertaken training = 3 <b>Attach training certificates</b>
6.01.5 *	The "quick stop" man overboard procedure (see OSR 2010 - 2011, Appendix D) shall be practiced aboard the yacht with all crew participating in Vic Maui 2012 within one year prior to the race start. A certificate of such practice shall be signed by all participating crewmembers and be kept aboard the yacht.	Yes	<b>Attach practice certificate</b>
6.05.2	At least two members of the crew shall hold a current Senior First Aid Certificate or equivalent and should be familiar with the management of medical emergencies that may occur at sea including Hypothermia, and radio communications operations for obtaining medical advice by radio. Each of these crew members shall also have undertaken the training required by OSR 6.01.	Yes	<b>Attach Sr. First Aid certificates</b>
6.07 *	All entries in the Double-handed Class shall have completed an overnight passage with both crew aboard and with all required safety equipment in place.	n/a	<b>Record date of Qualifying Voyage</b> <b>Attach Log of passage</b>